

Post-Op Instructions Emergency Root Canal Treatment

- Today we have started the first phase of a root canal. Our goal today was to relieve symptoms and to start the healing process of your affected tooth.
- It is important to note that this treatment is not complete.
- If we do not see you again to finish the root canal, and place a permanent restoration, the symptoms will come back. Ultimately the tooth may be lost.

IMMEDIATE CARE

- It is normal to feel some tenderness after your root canal. This may take days to feel better as your body goes through the healing process.
- You may feel tenderness in your jaw from opening your jaw for so long
- Over the counter medications like Mybulen, Gen-payne, or Panado work very well at relieving the symptoms.
- Please do not eat anything until the numbness in your mouth wears off. This will prevent you from biting your cheek and tongue.
- Do not chew or bite on the treated teeth until they are restored with a permanent crown or filling.
- Root canal treated teeth are liable to fracture if left untreated.

Call the practice if you develop any of the following:

- A visible swelling inside or outside your mouth.
- An allergic reaction to medication, including hives or itching.
- Return of original symptoms
- Your bite feels uneven.

LONG TERM CARE

- It is important to have the tooth properly restored once the root canal is finished to avoid a fracture of your tooth.
- The tooth may feel different from your other teeth for quite some time. It will feel different to tapping or biting. The gums around the tooth may be a bit tender to the touch.
- Proper oral hygiene, including brushing and flossing is important. We may take follow up x-rays on the treated tooth to make sure the root canal is healing properly. At times a root canal treated tooth can become re-infected. This may involve repeating the root canal procedure or extraction

You don't have to brush your teeth — just the ones you want to keep.