

Post-Op Instructions For

Fillings

Fillings are placed to restore function of teeth when it was damaged by caries (holes in teeth) or fractures.

Sensitivity of teeth, for example to sweet things and cold is a good indication that caries has developed.

It is important for the dentist to restore the original anatomy and the “bite” of the teeth. Due to the local anaesthetic, the patient’s bite is sometimes not correct or is uneven and that will need further adjustment after the local anaesthetic has worn off. IT WILL NOT GO AWAY! Pain will ensue when biting on a filling that is too “high”.

Please contact the dental surgery for adjustment on the bite. The visit will be free of charge.

After the treatment, patients should be very careful not to cause a self-inflicted injury by biting their lips or cheek. Please wait till after the anaesthetic has worn off before eating. Parents should especially watch their children in this regard as they tend to chew on/or rub their cheeks from the numbing effect.