

## Post-Op instructions for Dentures

- Dentures can be Partial, Full Upper and or Lower, or Immediate Dentures.
- It will always require a period to settle on the soft tissue (gums) and for your lips, tongue and speech to get accustomed to the denture.
- When pressure points develop on the gums it will turn out to be painful/tender. Contact the Dental surgery for an appointment to attend to the problem immediately.
- Clean the dentures well with “dishwashing soap” ie. (Sunlight liquid) using cotton wool, finger or ear bud, to remove food particles and debris. Rinse well with water. Do not use toothpaste with a toothbrush as, it is abrasive and will damage the denture.
- Follow your dentist’s instructions on Immediate Dentures.